



The Relay

Walk - Marin to Santa Cruz 128 miles
 Run - Calistoga to Santa Cruz 199 miles

The Relay

Use for substitutions, additions or parent signatures. May be photocopied.

Through March 8, one runner or walker may substitute for another or add to a team with less than twelve at TheRelay.com without cost. After March 8, substitutions and additions are \$20 per participant at the Start only. Bring this completed form with \$20 (cash or check to The Relay) to the substitutions booth.

Team Name											
Last Name				First Name				Birthdate		Minute per mile pace	
Email				Day Telephone				Evening Telephone		Gender	
Address				Apt. #		City/Province				State Country Zip/Postal Code	
Occupation						Company					

I am substituting for (fee is \$20)

Last Name						First Name					
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TheRelay.com
 run@TheRelay.com
 650.508.9700

The Relay
 570 El Camino Real, Suite 150-330
 Redwood City, CA 94063

Waiver: In consideration of my participation in The Relay, I the undersigned, for myself, my heirs, executors, administrators and assigns, forever waive, release, and give up any and all claims, demands, liability, damages, costs and expenses of any kind whatsoever for death, personal injury or loss of property against The Relay, Organs 'R' Us, California Highway Patrol and Department of Transportation, Golden Gate Bridge Highway and Transportation District, National Park Service GGNRA, Presidio Trust, Santa Cruz, all cities, counties, parks, sponsors and entities listed at TheRelay.com, OrgansRUs.org or in The Relay Racebook and all of the above officers, shareholders, directors, employees, representatives, agents, contractors, subcontractors, sponsors and volunteers, which may arise from my participation in The Relay or while traveling to or from the event. This release is valid even if such damages, injuries or loss should be caused in part by the negligence or other fault of the parties or persons I am hereby releasing by dangerous or defective condition of any property or equipment owned, maintained or controlled by them and/or because of their liability without fault. I fully understand I am forever giving up in advance any right to sue or make claims against the parties I am releasing if I suffer injuries and damages even though I do not know specifically what the nature and extent of those injuries and damages might be and I am voluntarily assuming the risk of such injuries and damages. I understand that there are no road closures or aid stations. I will assume my own medical and emergency expenses in the event of an accident or other incapacity or injury resulting from or occurring during my participation. I grant full permission to The Relay to obtain photographs, motion pictures, video recordings or any other record of the event and to use them for any purpose whatsoever. I understand and voluntarily accept everything written above.

Participant Signature _____ Date _____ Signature of Parent or Legal Guardian if under 18 _____